

Allison Westfahl

-Radical Artists Agency-

303-477-4777

Height: 5'4"
Weight: 110 lbs
Eyes: Green
Hair: Blonde

Industrial

Alta Vera Condominiums
Holland and Hart

Spokeswoman
Principal

Video Bloom
Persuasion Strategies

Commercial

Conflicts upon request

DVD

MoBaNu Fitness and Lifestyle System
Summer Sander's *Total Body Fat Blast*
Ultimate Bikini Body Workout
Valerie Bertinelli's *Losing It*
Bob Greene's *Total Body Make-over*
Cardio Core Cross-train

Principal
Back-up talent
Back-up talent
Choreography
Choreography/Back-up
Back-up talent

Denver Hi-Def
Shape magazine
Shape magazine
Gaiam media
Gaiam media
Gaiam media

Print

Lululemon Athletica
Gaiam Media
Star Trac fitness equipment
The Oxford Fitness Club
SolarFlex yoga mat
Stonewear yoga clothing

Ambassador, 2006-07
Stock photo model
Equipment model
Promo materials model
Commercial model
Spring 2012 catalog

Musical Performances and Recordings

Available upon request

Special Skills

- *Expert piano player and singer (classical, Broadway, jazz)
- *Running, road cycling, triathlon, yoga, salsa dancing, juggling, operating farm equipment
- *Fluent Spanish, can read German, Italian, Latin, Russian, French
- *Can say the alphabet backwards in 3.2 seconds

Training

BA Music, Yale University
MS Physiology, California University at Pennsylvania
Studied acting under Bill Smith, Laura Sheaks